



How to get an NDIS plan for your child



Easy English

Hard words



This book has some hard words.

The first time we write a hard word

- the word is in **blue**
- we write what the hard word means.

You can get help with this book



You can get someone to help you

- read this book
- know what this book is about
- find more information.



About this book



This book is from **Raising Children Network**.



Raising Children Network or

raisingchildren.net.au

is a website with information to help parents.



This book is about how to get a **National Disability Insurance Scheme** plan or NDIS plan for your child.



The National Disability Insurance Scheme or NDIS helps people with disability get the care and supports they need.

What is an NDIS plan?

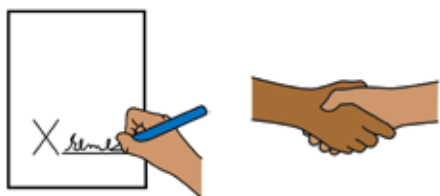


An NDIS plan is an **agreement** between

- you and your child

and

- the NDIS.



An agreement means you say **yes** to something.



The NDIS plan will say

- what supports and services your child will get



- what goals your child wants to achieve



- how much money is in the plan for services and supports.

How to make an NDIS plan

The NDIS will contact you



After you apply for a plan someone from the NDIS will contact you to make a time for a planning meeting.



You might talk to

- an NDIS **early childhood partner**
 - an early childhood partner will help you get the best help for your child
- an NDIS **local area coordinator** or LAC
 - a local area coordinator can answer questions and help make your plan happen
- an NDIS **planner**
 - a planner helps you to plan for a better future with the right supports in your NDIS plan.





The planning meeting might be

- face to face



- on the phone



- a video call.



The NDIS will tell you

- if your child needs to come to the meeting



- how long the meeting will be



- what you need to bring to the meeting



- what you can do to get ready for the meeting.

You get ready for the planning meeting



Think about what you want to talk about **before** you go to the planning meeting.



The NDIS will give you a planning book to help you get ready.



Think about what your child likes and does **not** like.



For example, your child likes to go to school but does **not** like to read.

Think about your child's disability or **developmental delay**.



Developmental delay means a child finds it hard to do everyday things.

For example

- use the toilet
- talk
- walk.



Think about the supports your child uses now.

For example, health or education supports.

Think about the supports your child might need.

For example

- your child needs support to talk or move
- you need support to care for your child.





Write everything that you think of in the planning book.



Take the planning book to the planning meeting.



You can also write a **carer's statement**.



A carer's statement means you tell the NDIS about how your child's disability or developmental delay affects your family each day.

For example, your child **cannot** walk far when you go out and this frustrates your other children.

You go to the planning meeting



At the planning meeting you should take

- the ideas you thought of and your planning book



- information from your child's doctor, therapist or teacher



- identification
 - for example, your drivers license



- your bank account details



- your **MyGov** details and password
 - MyGov is the Australian government website for government supports



- a support person if you need one



- any questions you have.



At the planning meeting the NDIS worker will

- read your information



- ask about you and your family
 - for example, what you do together



- ask about what worries you and why you want support



- ask about the goals for your child



- ask about supports and services that can help your child achieve the goals



- ask about money in the plan and how you want to manage the money.

You can ask for your child's NDIS plan to be given to you in accessible ways.



For example

- braille
- large print or audio on a CD
- in another language.



The NDIS worker will tell you what happens next.



You can ask questions if you do **not** understand.

After the planning meeting



After the planning meeting the **National Disability Insurance Agency** will decide if they approve the plan for your child.



The National Disability Insurance Agency or NDIA manage the NDIS.



If the NDIS plan for your child is approved

- you will get a copy of the plan in the mail

and



- you can see the plan on the **myplace portal**.



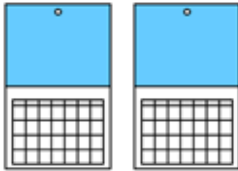
The myplace portal is the place where the NDIS puts all of your information for you to see it online. You get to it from your MyGov account.



The myplace portal is private. You need a password to see the information.



If you are **not** happy with what is in your child's NDIS plan you can ask for a review.



Most NDIS plans for children are for 1 or 2 years.



When the NDIS plan finishes there is a review to find out

- if the plan meets your child's needs

and



- if your child's needs have changed.

More information



Go to www.ndis.gov.au



Call 1800 800 110
Monday to Friday
8 am to 8 pm



TTY users
1800 555 677



Telephone Interpreting Service

131 450

Voice Relay

1800 555 727

then ask for 1800 800 110

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